

Good Morning,

I am delighted to inform you that one of our advocacy partners 'Autistic 'n' Awesome' will be running a workshop at Braes High School on Thursday 23rd February, 6 - 7:30pm.

While this workshop will be of particular interest for the families of our young people who have an ASD diagnosis, and/or those who may be going through the diagnostic process, all young people and families who have an interest or would like to gain a better understanding would be welcome. The workshop works particularly well when family members also attend. A warm welcome is assured for everyone who comes along.

These taster workshops provide some insight into the work going on in schools as well as highlighting positive images of autism. This is best demonstrated through a game entitled 'A Rollercoaster of Change'. Here, issues/scenarios around transitions are presented from the lived experiences of 'Autistic 'n' Awesome' members, and attendees are challenged to solve the issues/scenarios.

'Autistic and Awesome' members meet in a supportive group setting and young people who are diagnosed or self-identify as autistic can join, usually after attending a workshop. The group has regular meetings where members can socialise and participate in a range of activities, for example, making films. There is also a support group for parent/carers.

This evening provides an opportunity to explore the many positive aspects of autism in a very enjoyable, safe space.

If you would be interested in this evening please sign up using the link below:

[Braes High School "Autistic 'n' Awesome" Workshop Sign Up](#)

Kind regards,

Ruth Kelly